

An orthosis may be used to:

- Control, guide, limit and/or immobilize an [extremities](#) , [joint](#) or body segment for a particular reason
- To restrict movement in a given direction
- To assist movement generally
- To reduce [weight bearing](#) forces for a particular purpose
- To aid rehabilitation from fractures after the removal of a cast
- To otherwise correct the shape and/or function of the body, to provide easier movement capability or reduce pain