Do you have a herniated disc, multiple herniated discs, degenerative disc disease, facet syndrome, or any other type of spinal problem? Is your doctor suggesting surgery, Pain Management, or Physiotherapy? Have you tried Chiropractic and just could not get enough relief? Come to TRP Physiotherapy for Physical Medicine and try out the Decompression Traction System (Triton DTS).

Research indicates the disc is responsible for a significant number of lumbar/leg pain and neck/arm pain syndromes. Compression increases intradiscal pressure leading to annular compromise and possible extrusion of nuclear material.

Since the disc is an avascular structure, it doesn't receive fresh blood and oxygen with every beat of the heart. It requires "diffusion" created by motion and 'Decompression' to restore nutrients and enhance healing.

