

There are three primary benefits to ultrasound.

1. The first is the speeding up of the healing process from the increase in blood flow in the treated area.
2. The second is the decrease in pain from the reduction of swelling and edema.
3. The third is the gentle massage of muscles tendons and/ or ligaments in the treated area because no strain is added and any scar tissue is softened.

This technology is available at both TRP Physiotherapy Fairfield and number 1 fitness at Smithfield.

This techniques would be suitable for back and neck injuries, workcover injuries, CTP and whiplash claims and many others.